

## **Food Program (Basic Human Needs)**

WMD operates the Food & Basic Human Needs Program to ensure that no individual or family goes hungry and that basic survival needs are met with dignity and care.

This program covers rashan distribution, cooked food drives, iftar and dinner dastarkhwans, and emergency food support, ensuring immediate relief for individuals facing hunger due to poverty, unemployment, illness, disasters, or crisis situations.

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### **Who We Serve (Priority Beneficiaries)**

This program strictly prioritizes:

- widows and female-headed households
  - orphaned children and families caring for orphans
  - persons with disabilities and their dependent families
  - daily wage earners and individuals facing food insecurity
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### **Community Outreach & Identification**

Support begins with community-based identification:

- local volunteers spread awareness in targeted areas
- community members help identify families and individuals in need
- referrals are accepted from donors, volunteers, and trusted locals

All cases are handled with complete confidentiality to protect dignity.

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### **Verification & Assessment**

Before assistance is provided:

- WMD's verification team assesses financial condition and need
- families are categorized based on urgency and vulnerability
- Zakat-eligible families are clearly identified

Zakat funds are strictly used only for Zakat-eligible beneficiaries, while Sadaqah and general donations are used accordingly.

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## **Types of Support Provided**

Under this program, WMD provides:

### **Rashan Distribution**

- monthly rashan packages for families
- bulk procurement to ensure quality and affordability
- ration quantities sufficient for household needs

### **Cooked Food Drives**

- prepared meals for individuals facing immediate hunger
- food distributed respectfully in communities

### **Iftar & Dinner Dastarkhwan**

- daily free iftar and dinner during Ramzan
- open for daily wage earners, travelers, and the general public
- no documentation or questioning — everyone is welcome

### **Emergency Hunger Response**

- rapid food support during:
  - medical emergencies
  - disasters (floods, earthquakes)
  - unemployment or crisis situations
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## **Procurement, Packing & Distribution**

- food items are purchased in bulk
  - volunteers participate in packing and preparation
  - distribution areas are pre-marked
  - support is delivered respectfully and transparently
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## **Program Duration**

- operates throughout the year
  - expanded during Ramzan and emergencies
  - conducted annually without interruption
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## **Program Objective**

The Food & Basic Human Needs Program aims to:

- fight hunger and food insecurity
  - support families during crises
  - protect dignity and privacy
  - ensure equitable food access
  - strengthen community solidarity
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## How You Can Support This Program

You can contribute in multiple ways:

- Volunteer in packing, cooking, or distribution
- Donate (Rashan, Food, Zakat, or Sadaqah)
- Refer families in need from your surroundings
- Spread awareness by sharing the campaign

Even sharing information helps ensure food reaches those who need it most.

## SDG Alignment

The Food & Basic Human Needs Program supports the **United Nations Sustainable Development Goals (SDGs)** by addressing hunger, poverty, and basic survival needs with dignity and fairness.

- **SDG 1 – No Poverty:** by providing food and basic necessities to families with no or limited income, reducing extreme vulnerability.
- **SDG 2 – Zero Hunger:** by ensuring access to sufficient, safe, and nutritious food through rashan distribution, food drives, and dastarkhwans.
- **SDG 3 – Good Health and Well-Being:** by preventing malnutrition and supporting physical well-being through regular and emergency food support.
- **SDG 10 – Reduced Inequalities:** by prioritizing widows, orphaned children, persons with disabilities, and marginalized communities.
- **SDG 11 – Sustainable Cities and Communities:** by strengthening community-based support systems and collective responsibility during crises and throughout the year.
- **SDG 17 – Partnerships for the Goals:** through collaboration with community volunteers and partner organizations such as The Youth Foundation.

Sustainable Development Goal

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## Good Health and Well-Being

Ensure healthy lives and promote well-being for all at all ages.

Sustainable Development Goal

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## Reduced Inequalities

Reduce inequality within and among countries.

Sustainable Development Goal

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## Sustainable Cities and Communities

Make cities and human settlements inclusive, safe, resilient, and sustainable.

Sustainable Development Goal

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## Partnerships for the Goals

Strengthen the means of implementation and revitalize the global partnership for sustainable development.

Sustainable Development Goal

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## Zero Hunger

End hunger, achieve food security and improved nutrition, and promote sustainable agriculture.



Sustainable Development Goal

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## No Poverty

End poverty in all its forms everywhere.

